Dear Parents & Carers,

This week Mr McEntee is away from the school so he will catch up next week with his usual editorial. Meanwhile, we thought you might enjoy some happy snaps from our Year 6 campers at chilly Camp Rumbug

See you tomorrow Year 6 !!
**IMPORTANT DATES**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Friday 15(^{\text{th}}) May</td>
<td>Year 6 Campers return</td>
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<tr>
<td>Tuesday 19(^{\text{th}}) May</td>
<td>Year 5/6 Info Evening 7:00pm (Health &amp; Human Relations)</td>
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<tr>
<td><strong>Wednesday 20(^{\text{th}}) May</strong></td>
<td>Parent/Child Eucharist Workshop</td>
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<td>Friday 22(^{\text{nd}}) May</td>
<td>Walk Safely to School Day</td>
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<tr>
<td>Friday 22(^{\text{nd}}) May</td>
<td>Year 6 Transition Forms Due Back</td>
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<tr>
<td><strong>Weekend 30/31(^{\text{st}}) May</strong></td>
<td>Eucharist Presentation Weekend</td>
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<tr>
<td>Monday 1(^{\text{st}}) June</td>
<td>Staff PD Day – School Closure - <strong>STUDENT FREE DAY</strong></td>
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<tr>
<td><strong>Friday 5(^{\text{th}}) June</strong></td>
<td>Year 4 Eucharist Reflection Day</td>
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<tr>
<td>Monday 8(^{\text{th}}) June</td>
<td>Queens Birthday Public Holiday - <strong>STUDENT FREE DAY</strong></td>
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<tr>
<td>Tuesday 9(^{\text{th}}) June</td>
<td>Year 5 Camp to Sovereign Hill (One night)</td>
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<tr>
<td>Wednesday 17(^{\text{th}}) June</td>
<td>Parent/Teacher Conferences1:30– School closes 1:00pm</td>
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<tr>
<td>Friday 19(^{\text{th}}) June</td>
<td>Prep 2016 Enrolments Close</td>
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<tr>
<td><strong>Sunday 21(^{\text{st}}) June</strong></td>
<td><strong>Year 4 First Eucharist</strong></td>
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<tr>
<td>Friday 26(^{\text{th}}) June</td>
<td>Last day of Term 2 – School finishes 1:00pm</td>
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<tr>
<td>Monday 13(^{\text{th}}) July</td>
<td>Term 3 commences</td>
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<tr>
<td><strong>Weekend 25/26(^{\text{th}}) July</strong></td>
<td>Year 6 Confirmation Sign Up Weekend</td>
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<tr>
<td><strong>Wednesday 5(^{\text{th}}) August</strong></td>
<td>Confirmation Parent/Child Workshop</td>
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<tr>
<td><strong>Weekend 15(^{\text{th}}/16(^{\text{th}}) August</strong></td>
<td>Confirmation Presentation Weekend</td>
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<tr>
<td><strong>Wednesday 12(^{\text{th}}) August</strong></td>
<td>Bishop Terry Curtin visit to Year 6’s</td>
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<tr>
<td><strong>Sunday 30(^{\text{th}}) August</strong></td>
<td>Year 6 Confirmation</td>
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<tr>
<td>Friday 18(^{\text{th}}) September</td>
<td>Last day of Term 3 – School finishes 1:00pm</td>
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<tr>
<td>Monday 5(^{\text{th}}) October</td>
<td>Term 4 commences</td>
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<tr>
<td>Tuesday 13(^{\text{th}}) October</td>
<td>Prep 2016 Information Night 7:00pm</td>
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<tr>
<td>Wednesday 14(^{\text{th}}) October</td>
<td>Prep 2016 Information Day 9:30am</td>
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<tr>
<td>Thursday 22(^{\text{nd}}) October</td>
<td>Prep 2016 Orientation 11:30am – 1:30pm</td>
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<tr>
<td>Thursday 29(^{\text{th}}) October</td>
<td>Prep 2016 Orientation 11:30am – 1:30pm</td>
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<tr>
<td>Thursday 12(^{\text{th}}) November</td>
<td>Prep 2016 “Meet the Teacher” 11:30am – 1:30pm</td>
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**Brrrrrrr..........it’s getting chilly !!**
Beanies, Gloves & Scarves are now available from the General Office. Beanies are $10, gloves & scarves are $5.
Religious Education News
Mary McCormick, R.E. Leader

FIRST EUCHARIST

Important dates: MAY 20th: Parent & Child Workshop
Our Lady’s Parents and students to attend. Our Lady’s School at 7.00pm

MAY 30th or 31st Presentation Weekend
Students and families attend one of the weekend Parish masses and receive their medal and mass book

Mother’s Day
At our Mother’s Day Mass, we had a reflection on the value and importance of Mother’s in our community. Let us reflect upon the women who bring God’s love more fully into our lives.

**M** is for mothers who make things happen. Mothers make sure whatever needs to happen happens, and sometimes seem to move mountains to do so.

**O** is for a mother’s open arms which comfort us when we are sad, frightened or hurting.

**T** is for mothers who teach us all sorts of things about life, the world and about caring for others.

**H** is for a mother’s helping hands and healing touch in times of confusion or pain, in sickness and when we when we simply need some help.

**E** is for a mother’s energy and enthusiasm for life and for each and every thing that we accomplish and do together.

**R** is for rest – for the safety and security of having a place to curl up at the end of the day, of knowing that we have a mother’s care and watchful eye.

**S** is for strength – the never-ending support and guidance given by mothers and those who love us like a mother.

Thank you God for Mothers

School Masses:
All families welcome to attend these masses. Morning tea is available after mass.

- **May 15th** Year 4
- **May 22nd** Year 3
- **May 29th** Year 6
- **June 5th** Year 2
- **June 12th** Feast of the Sacred Heart Whole School Mass
- **June 19th** Year 1
- **June 26th** Year Prep
Grinners are Winners

This term we have introduced a reward system in the classroom. After each session the class is awarded a face: happy, puzzled or sad face according to their behaviour. A happy face is awarded if the class work as a team to follow the class expectations of being safe, responsible and respectful.

One happy face gains one point. At the end of the week, the class totals their points. The class or classes with the most points are the ‘Grinners are Winners’. They are given some reward time in their class, presented with a certificate and have the ‘Grinners are Winners’ mascot in their class.

Last week’s winners were: Prep T, 2A, 5R, 6V

This week’s winners are: 1B, 6A, 6V
**Behaviour Goal**
Each week we have had a focus about our behaviour. These behaviours are from the Behaviour Expectations Matrix which was sent home to parents last year outlining the behaviour expectations in different areas of our school.

This week’s behaviour goal is:

**Solve problems in a calm manner**

![CALM DOWN!](image)

**Minor and Major Behaviours:**
Thank you to all the families who spent some time with their children discussing and giving feedback about the behaviour expectations that are not acceptable at our school.

As a school we value your feedback. The Student wellbeing Team will read through each of these and make relevant adjustments to our documents.

Well done families!!!!

**Anxiety : Is your child suffering from anxiety?**
The essential feature of an Anxiety Disorder is fear, usually associated with future events, which is out of proportion to threats from the environment and which causes distress or interferes with normal routine, academic functioning, relationships or social activity.

**Possible Effects on Children**
An Anxiety Disorder may have the following effects on children:

★ Constant fears about the safety of themselves and their parents
★ Excessive worry about things before they happen
★ Refusal with regards to attending school
★ Frequent stomach aches and physical complaints
★ Become panicky or have tantrums when separated from parents
★ Find it difficult to meet new people
★ Need a lot of reassurance to try anything new
★ Preoccupations with cleanliness and hand washing
★ Find it difficult to relax and go to sleep
**Tips for Parents**

**Unhelpful Ways of Dealing with Anxiety in Children**

*Every child and every family are different, yet parents and children often slip into some patterns which may maintain the child's anxiety.*

**Excessively reassuring your child** – to an anxious child, reassurance is rewarding their anxiety. The more reassurance you give as a parent, the more reassurance your child will demand.

**Being too directive** – when parents tell children what to do and say in an anxiety-provoking situation or do things on behalf of their anxious child, s/he will learn that s/he is unable to handle the situation without help.

**Permitting avoidance** – when you let your child avoid his/her fears, he/she does not learn that chances are nothing bad will happen. Children must face their fear to really convince themselves that nothing bad will happen.

**Becoming impatient with your child** – becoming angry with your child will only encourage him/her to become more frightened and dependent. If you are losing patience, leave the situation and think about how you would feel facing a fear. This will help you to understand your child's perspective.

**Helpful Ways of Dealing with Anxiety in Children**

*In addition to avoiding things that are not helpful for the child's anxiety, there are some things parents can do to reduce the anxiety that their child will experience in the future.*

**Rewarding non-anxious behaviour** – look out for any examples of bravery, no matter how insignificant and reward them. What seems small to you may be difficult for an anxious child. This will help your child to realise what he/she is capable of.

**Ignore undesirable behaviours** – ignore your child's anxious behaviour and attend again (give praise) when the anxious behaviour has stopped. Ensure your child knows why you are ignoring him/her and what he/she has to do to regain your attention. This is helpful to deal with reassurance seeking.

**Preventing avoidance** – encourage your child to start doing things that s/he is able to do, but which are slightly difficult for him/her. Gradually build up the degree of difficulty. This will help them to learn they the situation is not really dangerous and they can cope with it!

**Communicating empathy** – express your understanding about your child's Anxiousness to ensure s/he feels listened to and supported. Encourage your child to solve the problem rather than focus on how bad they feel.

**Prompt constructive coping** – prompt children to think for themselves to handle anxiety-provoking situations. Children will gradually learn that they have the ability to solve problems for themselves.

**Model brave behaviour** – children learn how to behave by modelling others, in particular, their parents. The best type of model demonstrates that they experience worry or nervousness and they cope constructively in these situations.
Anxious behaviour
Slow, deep breaths – stand tall
Hot flush
Lump in throat
Voice shakes
Increased heartbeat
Mouth trembles
Sweaty palms
Butterflies in stomach

Brave Behaviour
Positive thoughts
Calm Voice
No tension in muscles
Decreased heartbeat
Problem solving
Feeling confident

GOOD SAMARITAN CARE FUNDRAISER
Tartan Tours Bus Shopping Day
Visit some of Melbourne’s best factory outlets and save off normal retail prices. Raise money for your child care program, or enjoy a day out with friends.

BOOKINGS ESSENTIAL call 9305 -1959
Our group can enjoy a fun day out shopping at 10 factory outlets, many of which are not open to the general public. At Tartan Tours we try and make your day more than ‘just another shopping tour’. Our aim is to put the FUN back into SHOPPING, and make your day such an enjoyable experience that you will want to come again, and bring your friends.

On Saturday 10th October
• 20-25 Adults .............................. $72.00 per person
• 26-32 Adults .............................. $67.00 per person
• 33-39 Adults .............................. $62.00 per person

Included in your cost

• Two course restaurant meal, consisting of main course, dessert, a glass of red or white wine, or soft drink and tea or coffee. Please note all dietary requirements can be met
• Home baked morning and afternoon tea
• Iced water
• Lollies to share
• Extra raffle prizes
• A Shopping Bag

In addition to this, Good Samaritan Care will receive 8% commission of your total net sales.


Pick up:
At 7.15am approx. at Good Samaritan Primary School Car park.1-29 Southern Cross Drive
Roxburgh Park
Return: at 6.00pm approx
**Tartan Tours Itinerary**

Tour Date: 10/10/2015  
Group: GOOD SAMARITAN CARE  
Organiser: MARGARET MANGONE  
Morning Tea: YES  
Lunch: THE CASTLE HOTEL  
Pickup: 7.15AM 1-29 SOUTHERN CROSS DRIVE ROXBURGH PARK

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<thead>
<tr>
<th>OUTLET</th>
<th>ARRIVE</th>
<th>DEPART</th>
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<tbody>
<tr>
<td>Galaxy Manchester</td>
<td>7:45 AM</td>
<td>8:15 AM</td>
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<tr>
<td>Feelgood Australia Pty Ltd</td>
<td>8:30 AM</td>
<td>9:00 AM</td>
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<tr>
<td>Taking Shape 14+</td>
<td>9:30 AM</td>
<td>10:10 AM</td>
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<tr>
<td>Bambis Homewares</td>
<td>10:40 AM</td>
<td>11:20 AM</td>
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<tr>
<td>Lush Collection</td>
<td>11:30 AM</td>
<td>12:10 PM</td>
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<tr>
<td>The Castle Hotel</td>
<td>12:25 PM</td>
<td>1:10 PM</td>
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<tr>
<td>Raglan Fashion House</td>
<td>1:40 PM</td>
<td>2:20 PM</td>
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<tr>
<td>Ross's Quality Nuts</td>
<td>2:25 PM</td>
<td>2:55 PM</td>
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<tr>
<td>Christmas Elves</td>
<td>3:00 PM</td>
<td>3:40 PM</td>
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<td>Natio</td>
<td>3:50 PM</td>
<td>4:20 PM</td>
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<tr>
<td>Beaches Fashion</td>
<td>4:35 PM</td>
<td>5:15 PM</td>
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**Tartan Tours**

*Galaxy Manchester – Derrimut & Braeside (Cheltenham)*  
Galaxy Manchester and WAM have been manchester suppliers for nearly 50 years. We supply some of the biggest names in Australian retail and in our Direct Outlet we can offer quality items at the BEST possible prices. We have manchester and more! Sheets, Towels, Blankets, Quilts, Cushions, Pillows and much more are here for you. Some of our brands include: Brighton Road, Ardor, Woolrest, WAM, Linen House, Deco, In2Linen and many more. All our items are Department Store quality and satisfaction is guaranteed. Some everyday item prices guaranteed all year round: Sheet sets from $15; Quilts from $24.95; Pillows from $6.95; Cushions from $4.95.

*Feelgood Planet Earth – Laverton*  
Planet Earth, Haven, Eutopia, Honey Bees and the Planet Earth Organics range of products. They have the best value gift packs in Australia. The range of products available, are shower gels, body butters, body, face & hand lotions, foot spas, sunglasses and ladies and men’s perfume.
**TS14 plus (Formerly Taking Shape) – Abbotsford / Campbellfield**
Ladies clothing from size 10 to 24.

**Bambis Homewares - Brunswick**
Homewares. Salt & Pepper Label, plates, crockery, vases and gift lines.

**Lush Collection – Brunswick**
Expect to find a selection of occasional furniture & homewares, fashion & accessories, gem & sterling silver jewellery, evening wraps & scarves and so, so much more, depending on the time of year. Up to 80% off RRP on many items.

**Raglan Fashion House – Preston**

**Ross’s Quality Nuts – Preston**
First established in 1997, they sell nuts, coffee beans, dried fruits, lollies, chocolates and many more specialty lines. They are constantly sourcing new high quality products to put on their shelves.

**Christmas Elves – Preston**
Rudolph’s Warehouse is a Christmas store that offers a magical shopping experience unique to Melbourne. New products for 2015 include Christmas trees, indoor and outdoor lighting, inflatables, kitchenware, outdoor illumination and decorations from the traditional to the very latest on-trend colour themes. In store we’ve created a Christmas wonderland for all ages with decorated trees to delight and inspire.

**Natio – Heidelberg West**
Cosmetics, skincare, body products. Gift packs are available. Australian made, not tested on animals.

**Beaches Fashion – Northcote**
Men’s, women’s & children’s clothing, sleepwear.

Unless otherwise stated, outlets accept all major credit cards (excluding Diners Club and AMEX), have EFTPOS facilities available and accept CASH. Please note, outlets with a toilet available have been marked with an *
Students have worked well to create wonderful works of art this year. Each year level has explored different media from watercolour painting and still life drawing to sculpture. Students have also been involved in creating displays for No Bully Week and Harmony Day. At the end of Term 1 students had lots of fun crafting Easter artworks. This Term Year 5 and 6 students worked on ANZAC Day crosses which have been sent to the Australian War Memorial to be placed on the graves of fallen soldiers. Artclub has also started this term and students have been creating plaster moulds of their faces in preparation for mask making. Here are some of the beautiful artworks created so far this year.

Year 4 Creepy Crawlies

Harmony Day Display

Anns Varughese Year 6
Still Life drawing

Blake Parsons Year 3
Mixed media cityscape

Andree Danial Year 1
Mixed media drawing of The Eiffel Tower

Artclub mask making
Science Corner

Autumn is a lovely time of the year to work in the home garden. It is the best time to sow new grass and plant. How much do you really know about the plant world? Test your knowledge with this short quiz!

http://www.abc.net.au/science/games/quizzes/2012/plants/

CANTEEN special......Thursdays only......Potato Cakes - $1 each
Paddle Pops (all flavours) are now $1.50 each

The ART ROOM needs cardboard boxes, clean plastic containers and plastic bags for the art room.

All items can be left at the General Office
HUME CITY COUNCIL
ROAD SAFETY FORUM FOR YOUNG DRIVERS

Hume City Council is holding a Road Safety Forum about the role the community can play in increasing safe driver behaviour in young people.

The aim of the forum is to:
- Present education on the effects of road trauma.
- Provide information, tips and resources to parents on how they can influence young drivers to take ownership and responsibility for their own safety and the safety of others.
- Identify attitudes which may cause unsafe driver behaviour.

There will be guest speakers from:
- Road Trauma Support Services
- Victoria Police
- Fit2Drive
- State Emergency Services and others

When: Wednesday 27 May 2015 - 6.00pm to 8.30pm.
Location: Hume Global Learning Centre
75-95 Central Park Avenue, Cranbourne.
Cost: FREE – finger food will be provided from 6.00pm.

To book a seat RSVP to Carmen Largaioli by Friday 22 May 2015
Email: carmenla@hume.vic.gov.au  Telephone: 9205 2437.